

## SPOKANE COUNTY Tobacco Use Statistics

### ADULTS

#### Adult Tobacco Use

- Our most recent survey data showed that about 21.5% of adults in Spokane County smoke cigarettes.<sup>1</sup>

#### Quit Line

- 1,821 people from Spokane County called the Quit Line in the past year.<sup>2</sup>

### YOUTH

#### Current Cigarette Smoking

- Our most recent survey data showed:<sup>3</sup>
  - 6<sup>th</sup> grade: 1.9% in Spokane County, and 2.0% statewide, reported they currently smoke cigarettes.
  - 8<sup>th</sup> grade: 6.3% in Spokane County, and 7.8% statewide, reported they currently smoke cigarettes.
  - 10<sup>th</sup> grade: 15.0% in Spokane County, and 13.0% statewide, reported they currently smoke cigarettes.
  - 12<sup>th</sup> grade: \*\* in Spokane County, and 19.7% statewide, reported they currently smoke cigarettes.

### PREGNANT WOMEN

#### Smoking During Pregnancy

- About 18.9% of pregnant women in Spokane County smoke during pregnancy, compared to 10.2% statewide.<sup>4</sup>
- About 1,040 infants are born each year in Spokane County to mothers who smoke during pregnancy.<sup>5</sup>

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<sup>1</sup> Data are from the 2005 Department of Health Behavioral Risk Factor Surveillance System (BRFSS). A 'current smoker' reports having smoked at least 100 cigarettes in their lifetime and also responds "every day" or "some days" to the question "Do you smoke cigarettes now?" This estimate has a  $\pm 3.0\%$  margin of error – this means that the "true" population value (percent of current smokers) is most likely somewhere in this range of the reported percentage, but may not be exactly equal to the reported percentage.

<sup>2</sup> Data include counts of tobacco users, health care provider, and other callers seeking information from the Washington State Tobacco Quit Line between July 01, 2005, and June 30, 2006, who identified themselves as being residents of Spokane County.

<sup>3</sup> Data for Spokane County were collected from youth who participated in the Washington State Healthy Youth Survey (HYS) in Fall 2004. The margins of error for estimates in Spokane County are: 6<sup>th</sup> grade ( $\pm 0.8\%$ ), 8<sup>th</sup> grade ( $\pm 0.8\%$ ), and 10<sup>th</sup> grade ( $\pm 1.4\%$ ). This means that the "true" population value (percent of current smokers) is somewhere in this range of the reported percentage, but may not be exactly equal to the reported percentage.

Data for Washington were collected as part of a statewide sample of youth for the Washington State Healthy Youth Survey (HYS) in Fall 2004. The margins of error for estimates are: 6<sup>th</sup> grade ( $\pm 0.4\%$ ), 8<sup>th</sup> grade ( $\pm 1.0\%$ ), 10<sup>th</sup> grade ( $\pm 1.4\%$ ), and 12<sup>th</sup> grade ( $\pm 2.2\%$ ).

<sup>4</sup> Data are from 2004 Washington State Birth Certificates. The margin of error for Spokane County is ( $\pm 1.0\%$ ); the margin of error for Washington State is ( $\pm 0.2\%$ ). Women who indicate that they smoke at all during pregnancy are classified as smokers. Health risk behaviors like smoking during pregnancy may be underreported due to growing social unacceptability of unhealthy behaviors during pregnancy.

<sup>5</sup> The number of infants born to mothers who smoke during pregnancy are calculated using an average of the births to mothers who report smoking on the Birth Certificate from 2001-2004. The estimate is rounded to the nearest factor of ten.